

Wednesday, November 12th

Practice Management Workshop: Launching and Growing a Successful Age Management Practice

Non-CME workshop

7:15 am Early Morning Coffee & Hot Tea

8:00 am – 8:40 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

8:40 am – 9:20 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

9:20 am – 10:00 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes and the Patient Experience Expectations

Rudy Inaba

12:00 pm – 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Why You Should Be Certified in Age Management Medicine

Presented by James Powell, RN

Non-CME symposium sponsored by AMMG

Open to all attendees and includes a complimentary lunch

1:00 pm – 1:40 pm

Employee Management and Engagement

Pete Hellberg

1:40 pm – 2:45 pm

Your Marketing Playbook: Step-by-Step Execution for Patient Growth in Age Management Medicine

Lori Werner

2:45 pm – 3:00 pm Break

3:00 pm – 3:40 pm

Best Practices for Pricing and Compensating for Age Management Services

Kristen Cusack, MBA

3:40 pm – 4:20 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Joshua Johnson

4:20 pm – 5:00 pm

Operational Excellence: Maximize Margin, Time, and Efficiency in Your Practice

Taylor Aikins, MBA

5:00 pm – 5:30 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

Wednesday, November 12th

Workshop: Foundations of Regenerative Aesthetics - Essential Techniques for Starting and Growing Your Aesthetic Practice *Non-CME workshop*

7:15 am Early Morning Coffee & Hot Tea

8:00 am – 8:15 am
Introduction and Review of Day's Goals
Nadia Bixler, L.E.

8:15 am – 10:15 am
Core MedSpa/Office Based Aesthetics Essentials - Menu of Treatments Every Practice Should Offer (Live Demo)
H. William Song, M.D.
Nadia Bixler, L.E.

10:15 am – 10:30 am Break

10:30 am – 12:00 pm
Introduction to Regenerative Aesthetics (Live Demo)
H. William Song, M.D.

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm
Advanced Aesthetic Technologies
Presented by Tony Howard
Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Refine USA

1:00 pm – 2:30 pm
PRP Masterclass
H. William Song, M.D.

2:30 pm – 2:45 pm Break

2:45 pm – 3:15 pm
Elevating Skin Rejuvenation with Precision Growth Factor Therapy
Danielle Hughes

3:15 pm – 4:00 pm
Advanced Regenerative Technique - PBF Gel (Platelet BioFiller Gel)
H. William Song, M.D.

4:00 pm – 5:00 pm
Building Your Regenerative Practice
H. William Song, M.D.

5:00 pm – 5:30 pm
Certification and Wrap Up

Thursday, November 13th

Workshop: Essential Knowledge in the Clinical Use of Peptides for Age Management Medicine

Non-CME workshop

In conjunction with the Clinical Peptide Society

Requirement: Bring your laptop computer for the class to take the post workshop examination.

7:15 am Early Morning Coffee & Hot Tea

8:00 am – 8:05 am

Welcome to the Workshop on Essential Knowledge in the Clinical Use of Peptides

8:05 am – 8:35 am

Introduction to Peptides

Edwin Lee, M.D.

8:35 am – 9:05 am

The Wolverine Peptide

Edwin Lee, M.D.

9:05 am – 9:35 am

Mitochondria Peptide

Luis Martinez, M.D., MPH

9:35 am – 10:00 am

Immune Stimulating Peptides

Luis Martinez, M.D., MPH

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Peptides for Autoimmune Diseases

Luis Martinez, M.D., MPH

10:45 am - 11:15 am

Growth Hormone Peptides

Edwin Lee, M.D.

11:15 am - 11:45 am

Neurodegenerative Peptides

Edwin Lee, M.D.

11:45 am - 12:00 pm

Morning Session Q&A

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

False Facts!

Presented by Mark Hincer, R.Ph., CEO

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Agere Sciences

1:30 pm – 1:55 pm

Peptides for Cancer

Luis Martinez, M.D., MPH

1:55 pm – 2:20 pm

Cosmeceutical Peptides

Edwin Lee, M.D.

2:20 pm – 2:35 pm

Peptides for Pain

Luis Martinez, M.D., MPH

2:30 pm Exhibits Open

2:35 pm – 3:00 pm

Sex Peptides

Luis Martinez, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:05 pm

Pineal Peptides

Edwin Lee, M.D.

4:05 pm – 4:30 pm

Melanotin Peptides and Questions for Review

Luis Martinez, M.D., MPH

4:30 pm – 5:30 pm

Online Test - requires a laptop

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, November 13th

Workshop: Early Cognitive Decline (CD): Prevention, Early Detection and Treatment

7:15 am Early Morning Coffee & Hot Tea

8:00 am – 8:25 am
Introduction and Statistics on Aging and Early Cognitive Decline
 Derrick DeSilva, Jr., M.D.

8:25 am – 9:15 am
Basics of Cognitive Decline - MCI and Dementias
 Miguel Rivera, M.D.

9:15 am – 10:00 am
Diagnosis of Cognitive Decline: Testing - Pencil and Paper Tests, Serology Testing, Genetic Markers, Computer-Based Testing, Spousal Data, and Analysis of the Patient in Question
 David Ward, D.C., M.S.

10:00 am – 10:15 am Break

10:15 am – 11:10 am
It's Not Old Age: The Role of Biotoxins in Cognitive Decline
 Mark Sylvester, M.D.

11:10 am – 12:00 pm
Current State of Cognitive Decline and Clinical Evidence-Based Integrative/Functional Treatment Options
 Mark Sylvester, M.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm
False Facts!
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1:30 pm – 2:15 pm
Prevention of Cognitive Decline (Pre-Code) Supplements, Diet, Exercise, and Lifestyle Modifications
 David Ward, D.C., M.S.

2:15 pm – 3:00 pm
Reversal of Cognitive Decline in Early Stages of Disease (Re-Code) Supplements, Diet, Exercise, and Lifestyle Modifications
 David Ward, D.C., M.S.

2:30 pm Exhibits Open

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:05 pm
Role of BHRT and Supplements in Early Cognitive Decline
 Derrick DeSilva, Jr., M.D.

4:05 pm – 4:30 pm
Case Presentation - Multi-modality Approach in the Reversal of Cognitive Decline
 Edwin Lee, M.D.

4:30 pm – 5:00 pm
(Continued) Role of BHRT and Supplements in Early Cognitive Decline
 Derrick DeSilva, Jr., M.D.

5:00 pm – 5:30 pm
Reversal of Cognitive Decline in Early Stages of Disease Modifications
 David Ward, D.C., M.S., Derrick DeSilva, Jr., M.D., Miguel Rivera, M.D., Mark Sylvester, M.D.

5:30 pm – 7:00 pm
AMMG Welcome Reception
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Thursday, November 13th

Morning Session

**Workshop: Breast Cancer: Prevention
Before and After**

Course Faculty

Pamela W. Smith, M.D., MPH, MS

7:15 am Early Morning Coffee & Hot Tea

8:00 am – 9:00 am

Breast Cancer Update

9:00 am – 9:30 am

Nonmodifiable Risk Factors for Breast Cancer

9:30 am - 10:00 am

Modifiable Factors for Breast Cancer - Part 1

10:00 am – 10:15 am Break

10:15 am – 12:00 pm

Modifiable Factors for Breast Cancer - Part 2

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

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Thursday, November 13th
Afternoon Session

**Medical Artificial Intelligence (AI) As Your Co-Pilot in
Systems-Based Preventative Health, Healthspan
Optimization, and Longevity Medicine**

Course Faculty

Daniel Stickler, M.D.

1:30 pm – 1:40 pm

Welcome & Framing

1:40 pm – 2:30 pm

Document & Prevent: AI for Holistic Health Data Capture and Preventative Profiling

2:30 pm Exhibits Open

2:30 pm – 3:15 pm

Diagnose & Forecast: AI for Systems-Based Healthspan and Longevity Insights

3:15 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:45 pm

Automate the Longevity Loop: AI Agents for Sustained Preventative Care

4:45 pm – 5:15 pm

Governance & Scaling Systems Health AI

5:15 pm – 5:30 pm

Wrap-Up & Next Steps

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Held in Conference Networking and Exhibits Center

Friday, November 14th
General Session

7:00 - 7:45 am

Brain Aging in Women: Hormones, Cognition, and Implications for Neurodegeneration

Presented by Danielle Osborne, Ph.D.

Open to all attendees and includes a complimentary breakfast

Non-CME symposium sponsored by ZRT Laboratory

8:00 am – 8:05 pm

Opening Remarks

8:05 am – 8:20 pm

Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

8:20 am – 9:20 am

Breakthrough Treatment Protocol for Chronic Lyme Disease and Other Autoimmune Diseases

Eugene R. Shippen, M.D.

9:20 am – 10:20 am

Forever Young: Peptide Bioregulators

Bill Lawrence, J.D., M.S., Ph.D.

10:20 am - 11:00 am Break / Visit Exhibits

11:00 am – 11:45 am

Terrain Theory vs. Germ Theory (Non-CME Lecture)

Elliot Dinetz, M.D., ABFM, ABAARM

11:45 am – 12:00 pm

Why Undergo Certification in Age Management Medicine

James Powell, R.N.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

STOP Overpaying Your Taxes and PROTECT Your Wealth!

Presented by Joshua Johnson

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 3:00 pm

FEATURED SPEAKER

What You Must Know About Women's Hormones: The Evidence-Based Science

Pamela W. Smith, M.D., MPH, MS

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm (Non-CME Lecture)

Unmasking Lipopolysaccharides (LPS) - The Stealth Disruptor of Longevity, Shortening "Health Lifespan"

Thomas O'Bryan, D.C., CCN, DACBN, CIFM

4:30 pm – 5:30 pm

The Controversy Over the Use of Compounds Ivermectin/Fembendazole/Mebendazole: What's Real and What's Not

Paul Thompson, M.D.

Saturday, November 15th
General Session

7:15 am Early Morning Coffee & Hot Tea

8:00 am - 8:45 am

Neurodegenerative Diseases and Aging – Insights into Aging and Rejuvenation Strategies

Kenneth S. Sharlin, M.D., MPH, IFMCP

8:45 am - 9:30 am

The Hidden Impact of Iron & Ferritin: From Hypogonadism to Systemic Disease

Rudolph Eberwein, M.D.

9:30 am - 10:15 am Break / Visit Exhibits

10:15 am - 11:00 am

Gene Therapy with Klotho for Longevity

Luis Martinez, M.D., MPH

11:00 am - 12:00 pm

Gender Bias in Medicine

Benjamin S. González, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm - 1:00 pm

The Price of Hype: Why the Smartest Clinics Are Walking Away from “Big Brands”

Presented by Lana Graff

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Elitera Mastery Institute

1:30 pm - 2:30 pm

Neuroplasticity Enhancement with Low-Dose Psychedelics: Promise and Caution in Midlife Aging

Rafid Fadul, M.D., MBA

2:30 pm - 3:15 pm

The Mind-Gut Link to Longevity: Assessing and Regenerating the Root Causes of Metabolic Dysfunction

Marcus Coplin, ND

3:15 pm - 4:00 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

4:00 pm - 4:45 pm

New Data on the Relationship Between the Microbiome and Longevity

Dushyant Viswanathan, M.D.

4:45 pm - 5:30 pm

A Practical Approach to Erectile Dysfunction: Integrating Foundational and Emerging

Greg Dennis, D.O.

Sunday, November 16th

General Session

7:15 am Early Morning Coffee & Hot Tea

8:00 am - 9:00 am

The Laboratory of Functional & Age Management Medicine Part 1

William Clearfield, D.O., FAAMA, DABMA, FAARFM

9:00 am - 10:00 am

Incorporating DEXA Scanning and VO2 Testing into Age Management Practices

Hyung Kim, M.D., MBA

10:00 - 11:00 am

Cellular Senescence and the Hallmarks of Aging: Dynamics and Therapeutics

Jerry Mixon, M.D.

11:00 am - 12:00 pm

Migraines and Metabolic Detox: A Genomic and Nutrient Based Perspective on Personalized Treatment

Aunna C. Herbst, D.O., ND

REMINDER!

Watch email for your Conference CME Evaluation

Following the Conference, AMMG will email each of you with a link to complete the online Assessment of the Activity. Once you complete this, you will receive your CME Certificate of attendance and credit. In addition, AMMG will post the link to the Assessment on our website so you have additional easy access.

Upon completion, certificates will also be emailed to the email address you provided.

The link will also be posted to the AMMG website www.agedmed.org

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NON-CME EVENTS OPEN TO ALL ATTENDEES

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12:00 pm – 12:45 pm

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12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

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12:00 pm – 1:00 pm

False Facts!

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Sponsored by Agere Sciences

Includes a complimentary lunch

3:00 pm – 3:45 pm

Book Signing: “How to Prevent Breast Cancer—Before & After: A Guide to Taking Back Control of Your Life”

Conducted by author Pamela Smith, M.D., MPH, MS

Held at the MD Lifespan booth in the Exhibit Hall

5:30 pm – 7:00 pm

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